

Breastfeeding in Gloucestershire

Supporting mothers who wish to breastfeed isn't always straightforward. As Health Care Professionals we are a trusted port of call. However, as GP's our training and knowledge of breast-feeding problems can be limited. It is therefore important to know where to signpost patients to and how to access support for our patients.

We are very fortunate in Gloucestershire to have access to both good NHS and charity funded support.

Signposting for patient direct access during Covid Pandemic

Gloucestershire Breastfeeding Support Network (GBSN) is a charity funded service which runs six breastfeeding groups across Gloucestershire. They run groups with a highly skilled breastfeeding support workers and are supported by trained peer supporters. Mothers can be supported with any breast-feeding issues including stopping. Groups across the week Monday to Thursday. Mums are free to attend any group no matter where they live. There are also online FB groups affiliated with some groups.

<https://gbsn.org.uk/groups/>

Mondays

MOBS Dursley 10:00 – 12:00 St James Parish Hall, St James The Great Church,
Broadwell, Dursley, GL11 4JE

Tuesday

Cheltenham 10.00-12.00 St Margaret's Hall, 20 Coniston Road, Hatherley, Cheltenham, GL51 3NU in Annexe

Wednesday

BABES 10.00-12.00 Wheatpieces Community Centre, Columbine Road, Walton Cardiff, GL20 7SP (off the A38 bypass, not in the small village of Walton Cardiff from A438

CRIBS 10.00-12.00 GL3 Community Hub, Cheltenham Road East, Churchdown, Gloucester GL3 1HX

Thursday

BEST – 10.00-12.00 Coffee@Oddsocks, 2 Elliott Rd, Love Lane Industrial Estate, Cirencester GL7 1YS

MOBS Stroud 10.00-12.00 Function Room at the Queen Vic, 5 Gloucester St, Stroud GL5 1QG

They are also offering Same or next day (Monday -Friday) Virtual Online appointments for free,

<https://gbsn.org.uk/gbsn-virtual-support-registration-form/>

Saturdays

Feeding Support Worker alongside Midwife Clinic in the Women's Centre, Gloucestershire Royal Hospital, GL1 3NN
10am – 12noon is available for babies 6 weeks or under. Appointments must be made through delivery suite.