



ASPEN MEDICAL PRACTICE

Horton Road, Gloucester, GL1 3PX

Tel: 01452 337733

www.aspenmedicalpractice.nhs.uk

Branch Sites

Saintbridge: Askwith Road, Gloucester. GL4 4SH

Tuffley: Warwick Avenue, Tuffley, Gloucester. GL4 0SL

Dear Valued Patient,

Re: Safety Update on Hydrochlorothiazide

We are writing to you to advise you, as part of an ongoing review of patients, of a small increased risk of non-melanoma skin cancer that may affect patients prescribed with medicines containing hydrochlorothiazide.

These medicines are used to treat high blood pressure, as well as swelling/fluid retention associated with heart or liver disease and heart failure. We carried out an audit that has identified that you are currently being prescribed this treatment.

The aim of this letter is to make you aware of this small increased risk and to advise you to regularly check for and report any new or changed moles or damaged areas of skin. You should also limit your exposure to sunlight and UV rays and use adequate sun protection.

If you have previously had any type of skin cancer please contact the practice as it may be worthwhile reconsidering the use of this medicine for you. However, please do not stop unless on the advice of your GP or other healthcare professional.

In addition, if you have any further queries or concerns about the information contained in this letter, please contact the practice.

Whilst writing I would like to take this opportunity to remind you to only order the medicines you need each time you submit your repeat prescription request.

Yours sincerely,

Aspen Medical Practice

Partners

Dr Christopher Andrews, Dr. Bob Hodges, Dr. Iain Jarvis, Dr. Hasib Khalid, Dr. Sam Kuok,
Dr. Andreas Marksteiner, Dr Joan Nash, Dr. Kannan Raj, Dr. Jhumpa Sarkar

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