



## **COMPLETE THE CYCLE SCHEME**

Complete the Cycle is the first national recycling and recovery scheme for respiratory inhalers. We want to reduce waste and greenhouse gases by moving towards a more environmentally sustainable treatment of respiratory disease.

### **Why recycling and recovering inhalers is important**

New research shows that 58% of people in the UK are putting their used inhalers into their home waste bin, where it can end up at landfill or being incinerated. Whilst 33% of people surveyed said that they use a kerbside recycling service, councils can't typically recycle the plastics and gases contained in inhalers. Again, the inhaler may go to landfill or incineration<sup>1</sup>.

Complete the Cycle is an easy and convenient way to recycle your inhalers. Our scheme helps to reduce waste and greenhouse gas emissions, moving towards a more environmentally sustainable treatment of respiratory disease.

Complete the Cycle gives you an easy way to make a difference to the environment and allows you to breathe new life into your old inhalers.

***At the Aspen Medical Practice, we are encouraging all our patients to recycle their inhalers.***

### **How can you help?**

**Simply go to one of the nearest Complete the Cycle pharmacies involved in this scheme and pass them your empty used inhalers which will be recycled.**

- [Asda Stores Pharmacy, Bruton Way, Gloucester GL1 1DS](#)
- [Badhams Pharmacy, 12 London Road, Gloucester GL1 3NE](#)
- [Rowlands Pharmacy, Alvin Street, Gloucester GL1 3EN](#)
- [Boots Pharmacy, 117 Barton Street, Gloucester GL1 4HR](#)
- [Badhams Pharmacy, Rikenel Health Centre, Gloucester GL1 1LY](#)

***Or hand your empty used inhalers to the receptionist at the front desk and we will ensure these go back to the Complete the Cycle pharmacies.***