



Aspen Medical Practice

Role Specification – Social Prescriber

Role Title	<ul style="list-style-type: none">• Social Prescriber/Link Worker
Location	<ul style="list-style-type: none">• Aspen Medical Practice (AMP) Gloucester
Reports to	<ul style="list-style-type: none">• Community Matron (Line manager)
Grade/Salary	<ul style="list-style-type: none">• Guide £20,500- £24,000 p.a. depending on experience
Duration/Hours	<ul style="list-style-type: none">• 30-37 hours per week

MAIN PURPOSE

- To support the AMP primary care clinical team to deliver individualised and wrap-around services for people with additional needs. This is envisaged to be chiefly frail older people and those with learning disabilities (LD), but working age adults will also be part of the case management process.
- To improve the wellbeing of registered patients and their carers by working in partnership with Gloucestershire CCG networks, district and county councils and community/voluntary sector organisations to enable the integration of available care services.
- Working with our community matron on case management for patients with complex needs.

KEY RESPONSIBILITIES

- To work with patients, using behaviour techniques such as motivational interviewing to support them to identify, set and meet achievable goals to improve their physical and emotional wellbeing.
- To work with patients in their own homes, or in one of our three GP surgeries, to signpost them to local services/organisations which the patient themselves feel would be of benefit to reach their goals. These services may include, befriending, weight management, mental health support, smoking cessation, local social groups, leisure centres and volunteering.
- To work with partner organisations to support the development and delivery of an integrated care plan for the client so all their needs are met in a holistic way.
- To follow up with patients, update their records and support them on an ongoing basis.
- To complete Frailty Plans and Respect forms.
- To be able to do basic set of observations on patients including pulse, blood pressure, temperature, pulse oximetry, urinalysis.
- Recognising sick patient and referring onward appropriately.
- To take blood tests when needed.
- To take part in vaccination programmes including giving flu vaccinations.



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- To make and maintain contact with local social prescribing providers and build a network and knowledge of referral routes to and from service providers
- To participate in the Practice’s frailty multidisciplinary team (MDT) meetings on a regular basis, and safeguarding processes when appropriate.
- To undertake regular training to extend and update own knowledge of health and wellbeing issues.

ETHOS

Aspen Medical Practice has a strong ethos of encouraging and supporting healthy lifestyles as a means to achieving wellbeing and preventing illness. We have programme called ‘Eat Real Food’ which educates patients and their carers about lower carbohydrate diets as a means of managing and also preventing Type 2 diabetes and metabolic illness. We are seeing an extraordinarily positive impact on participants’ lives already, and aim to offer wider access to this approach to as many of our patients as possible.

We are an Active Practice and support our colleagues to be physically active for their own benefit and to inspire our patients.

Sustainability is also important to us, and we are actively ‘greenifying’ our practice.

We would be delighted to welcome a social prescriber to our team who shares these values.

PERSON SPECIFICATION

Qualifications / Education

Essential	Desirable
<ul style="list-style-type: none"> • Educated to A level or Equivalent 	<ul style="list-style-type: none"> • Health and wellbeing or motivational interviewing qualifications

Experience

Essential	Desirable
<ul style="list-style-type: none"> • Working in a health and wellbeing or leisure and fitness or public or voluntary sector environment • Working in a customer-facing role • Delivering lifestyle change/brief interventions 	<ul style="list-style-type: none"> • Using motivational interviewing techniques • Working in a health trainer/advisor role • Working with vulnerable people • Working in partnership with community organisations • Promoting and/or marketing services to other organisations / the public



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	<ul style="list-style-type: none">• An understanding of the processes and procedures for safeguarding adults and children.
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Key Skills and Knowledge

Highly Desirable

- Excellent people skills, interacting with all types of people and able to change communication style to fit the person
- Ability to work independently and as part of a team
- Comfortable working with people from public, private and voluntary organisations
- Good one-to-one interviewing skills
- Highly organised, managing time, resources and competing priorities in a structured and efficient way
- Highly motivated and willing to go out of your way to help clients
- Creative problem solver and willing to search for hard-to-find information
- Good IT and administrative skills
- Good understanding of health issues and the wider determinants of health and wellbeing
- Knowledge of brief interventions, behaviour change, motivational change
- Knowledge of social prescribing
- Understanding of health, wellbeing and community services
- Full driving licence and access to a car