



Practice Newsletter

Spring 2021

Aspen Logo

The Partners are proud to present the new logo and branding for Aspen Medical Practice.

This is more in line with our values and more representative of the Surgery.

As we have developed our new identity:

- The green symbolises our greenification commitment and values.
- The Single Tree unites us as a single team.
- It demonstrates our holistic approach when caring for patients, their families and members of our team.
- The roots symbolise our dedication to growing the Aspen Community, rooted in delivering traditional, high quality medicine by utilising innova-

tions in technologies and new ways of working.

You will see our new logo reflected in new signage and upgraded facilities within our three sites coming soon

Keeping Covid

Secure

- Although numbers are dropping and the mass vaccination program is underway please remember:
 - **wear a mask,**
 - **come alone if possible**
 - **bring a urine sample if needed, as there are limited toilet facilities.**
 - **Please sit 2 meters apart**
 - **do not arrive more than 5 minutes before your appointment time.**
 - **Do not attend if you**

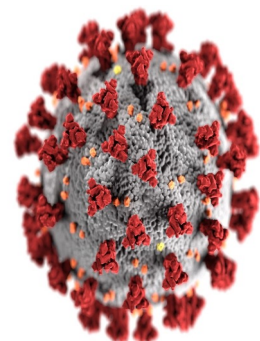
or are a household member have symptoms

- **You are isolating after travel**
- **Do not attend the Aspen Centre site if you have tested positive in the previous 28 days**

Saintbridge Surgery Covid-19 Hot Hub

We will continue to use Saintbridge Surgery as our Covid Hot Hub for the foreseeable future.

Please remain in your vehicles and ensure your mobile phone is with you as the clinician will call and take further details of your symptoms before examination.



Covid Vaccination Clinic

We are working with fellow PCN to provide vaccines to our patients at Churchdown Community Centre,



The Aspen team have been hard at work, working on days off to ensure we can vaccinate but also continue to provide the same level of patient care back at the surgery sites. We are very grateful to them and our volunteers who have guided patients through the car park and building.

We have been given guidance by the government on when to invite different group of patients.

We will be in touch by text when it is your turn. Please ensure we have an up to date mobile number on your records. If you do not have a mobile phone a member of the team will call and book you in.

We are using a national online booking system which allows you to click on the link in your text message and book a slot. Repeat doses will be given at 12 weeks.

If you have questions about the vaccine please

see here

<https://www.aspenmedicalpractice.nhs.uk/digitalpractice/covid-19-support-room/>

Aspen Patient

Participation Group

Following our recruitment campaign for new PPG members we received almost 600 responses!

We will be in contact with those who responded to complete a formal application form to join the PPG.

Those who are successful will be invited to join the next meeting via Zoom by the PPG

Virtual Carers Support

Our monthly carers support has gone virtual and we are now offering monthly Zoom meeting with Gloucestershire Carers Hub.

Please ensure we have you registered as a carer so that you receive regular texts with our monthly log ins.



Aspen Carers

Listening & Support Line

Our wonderful volunteers, who all have experienced the difficulties of being carers first hand are here for you.

Every Wednesday between 11am –1pm they are ready to listen, support and signpost without judgement. Please call 07864210500.

Eat Real Food

Our monthly eat Real Food Support group has also gone virtual.

Learn more about the benefits of an Eat Real Food lifestyle on our website and join us monthly.

We are missing our group consultations but are launching an online Eat Real Food Programme.

Please follow us on social media and our website for our launch coming very soon.